



dedicated to finding a cure

IMPORTANT WALK DAY INFORMATION

When

Sunday, June 6, 2010
RAIN OR SHINE!

Time

Registration opens at 8:30am; 5K Walk begins at 10:00am

Location

The National Conference Center (former Xerox training center)
18980 Upper Belmont Place, Leesburg, VA 20176
<http://www.conferencecenter.com/directions.cfm>

Parking

Free parking will be available at the National Conference Center for walkers.
A closer handicap parking area (Lot C) will also be available for walkers.

Walk Route

The Walk is approximately a 5K (3.1 miles) and will trace the National Conference Center. A Family turn around spot is available at the halfway point of the route for families with small children or walkers who cannot complete the entire 5K.

Suggested Items to Bring

- Walk Donations! (*Drop off your donations at the Registration Tent*)
- Walking shoes, layers, comfortable clothing
- Camera
- Sunscreen
- An extra Walk Team T-Shirt to enter into our T-Shirt Contest (*Please drop off your Team T-Shirt at the T-shirt booth to enter into the contest!*)

Food & Snacks

There will be food available before and after the walk. Please join us early for breakfast and stay after the walk for lunch provided by Moe's Southwest Grill and many other generous food & beverage donors.

While some food and snacks are provided, please bring any necessary items for your loved ones with diabetes.

Registration

All walkers who have not registered should report to the Registration Tent upon arrival.
The Registration Tent will open at 8:30 am.

All Walk donations must be dropped off at this tent.

Walkers who have already registered online before Walk day do NOT need to register
the day of the Walk.

**Team Captains are responsible for checking in their team at the Registration Tent.
Team Captains will receive T-Shirt tickets for their team to be redeemed at the
T-Shirt booth. Please note that T-shirts must be picked up Walk day as we cannot
guarantee we will have any left afterwards.**

Walkers who raise \$100 or more will receive a JDRF Walk T-shirt ticket.
T-shirts will be available for pick up at the T-shirt booth.



JDRF Capitol Chapter Contact Information
1400 K Street NW, Suite 725
Washington, DC 20005
Phone: 202-371-0044
Fax: 202-371-0046

Corporate Team and Sponsorship Questions
Megan Trzcinski
202-465-4123
mtrzcinski@jdrf.org

Family Team Questions
Delia Whitfield
202-465-4117
dwhitfield@jdrf.org

General Walk Questions
Davina Abujudeh
202-465-4112
dabujudeh@jdrf.org